

The Ultimate Relaxation Duo. This month, unwind with two luxurious treatments. The Mud Rasul for Two is a detoxifying Arabian ritual with mineral-rich muds, herbal steam, and a refreshing tropical rain shower for silky-smooth skin. Enjoy a Hot Stone Massage where heated volcanic stones and Frangipani Monoi Body Oil melt away tension, ease muscles, and calm the mind.

## Includes:

- 45 min Mud Rasul
- 60 min Elemis Hot Stone Massage
- 60 min Spa Experience access

Available Monday - Friday in February. €149 per person.

The Heritage, Killenard, County Laois, Ireland R32 PW10 t +353 (0)57 864 5500 theheritage.com

